

Session Notes Template

Document each session for compounding effect

```
# Session: [Date]

## Goal for This Session
[What did you want to accomplish?]

## What Got Built
- [Feature 1]
- [Feature 2]
- [Bug fixes or improvements]

## Decisions Made
- [Decision]: [Reasoning]
- [Alternative considered]: [Why we didn't choose it]

## What Worked Well
- [Approach or technique that was effective]
- [Good prompt or workflow]

## What Was Challenging
- [Challenge faced]: [How we solved it]

## Learnings for Next Time
- [Key insight to remember]
- [Better approach to try]
- [Mistake to avoid]

## Next Session
Start with: [Specific next step]

## Time Spent
Session duration: [X hours/minutes]
Setup time: [Y minutes] (should decrease over time!)
```